

BAR HILL NEWS

February 2016; Issue 567

MODERN DAY SLAVERY

**END
HUMAN
TRAFFICKING**
IT'S OUR GOAL
W HOPE JUSTICE

Yes, it exists even in respectable South Cambridgeshire!

This terrible situation begins when people see others as commodities, resulting in abduction or deception and false promises. Denied their freedom, victims may be threatened with violence to themselves or their family if they try to escape.

Consequently they are fearful of the police and other authorities, who are actually keen to uncover this crime and help the victims.

By being aware of the signs, we can be alert and potentially spot signs of slavery and be the first step to their freedom...

...because it could be going on closer than we think.

General indicators include:

- restricted, escorted movement
- signs of physical and mental abuse
- poor health, malnourished
- inadequate clothing – not warm or waterproof
- anxious, fearful of eye contact
- reluctant to engage in conversation.

Forced Labour

Victims may have been 'loaned' money for travel to a job but deductions for food and accommodation mean they are paid little or nothing and are permanently in debt.

They may experience:

- threat or actual physical harm
- restriction of movement or total confinement
- withholding of documents e.g. passport
- dangerous work conditions
- excessive work hours
- overcrowded, damp accommodation
- inadequate food
- threat of revealing to authorities an irregular immigration status.

Sexual Exploitation

Ordinary housing/hotels are increasingly being used for brothels.

Victims may:

- be moved between brothels
- have a limited amount of clothing, of which a large proportion is sexual
- be dominated by a male companion.

Domestic Servitude

Forced labour, living and working in a private home.

They may:

- have no proper sleeping place
- be forced to work excessive hours; "on call" 24 hours a day
- always be escorted by the 'employer'
- be malnourished.

Child Abuse

Sexual services in exchange for a favour such as alcohol, drugs or gifts.

You may notice a child that:

- often goes missing/truanting
- is secretive
- has unexplained money/presents
- uses vehicles with unknown, older adults
- shows evidence of physical harm
- shows signs of low self image/self harm.

Criminal Activities

Victims are forced/deceived into criminal activity such as pick pocketing, begging, cannabis cultivation and benefit fraud.

Similar to Forced labour, but for cannabis cultivation you may also notice:

- windows of property are permanently covered from the inside
- visits to property are at unusual times
- unusual noises from the property e.g. machinery
- pungent smells around the property.

The police are committed to safe guarding all vulnerable people, including victims of slavery. To report any suspicions dial 101 or report via Crimestoppers at www.crimestoppers-uk.org.

It doesn't matter if you are wrong – because what if you are right?

Deadline for March's edition is 15th February 2016 to bneditor@yahoo.com, or see page 2 for other contact details.

BAR HILL RESIDENTS' ASSOCIATION

2015-16 COMMITTEE:

Chair:	Roger Hall	01954 780304	11 Almond Grove
Vice-Chair:	Paul Goodfield	01954 200228	15 Little Meadow
Secretary:	Anil Pallan	01954 782736	72 The Spinney
Treasurer:	Martin Avery	01954 781233	34 Acorn Avenue
Website:	Mike Nelson	01954 780772	6 Field View
Committee Members:	Jo Hall	01954 780304	11 Almond Grove
	Hilary Whipp	hilary@whipp6.orangehome.co.uk	

BAR HILL NEWS:

Editor:	Jan Cundy	jan_cundy@yahoo.com	1 Hanover Close
Advertising Coordinator:	Bunty Waters	01954 201421	77 Foxhollow
Distribution Coordinator:	Martin Avery	01954 781233	34 Acorn Avenue

The Objectives of the Association are to act as an intermediary between Residents and other parties, to keep residents informed of matters of importance and recreation in and around the Village, and to promote the interests of Bar Hill. Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published, but names and addresses may be withheld. However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Coordinator bunty.waters@ntlworld.com. Quarter-page adverts cost £15.50 per month and must be submitted by the 1st of the month prior to inclusion. These ads are for local businesses and we guarantee publication, but this often results in a waiting list. To help overcome this, we publish Maxi and Mini ads which appear throughout the publication. We cannot guarantee their inclusion, though, due to restrictions of space. Maxi ads (6cmx4½cm-9cmx6cm) are £8.50 per month; Mini ads (6cmx2cm-6cmx4cm) are £5 per month, and should be submitted by 15th of the month prior to their inclusion.

EDITORIAL

There is no charge for Articles, What's On, For Sale and Lost and Found, and these appear at the Editor's discretion. Please submit items by 15th of the month. All telephone numbers without an area code are Crafts Hill (01954). All items can be submitted electronically on disc or to bhneditor@yahoo.com, [a Word file is best, please] or hard copy via Parish Council Office.

- THE MAPLE SURGERY -

Tel: 01954 780442; www.mhmaple.co.uk

Surgery Opening times:

Monday, Wednesday, Thursday	7.00am* - 6.30pm
Tuesday, Friday	8.30am - 6.30pm

(* appointments available from 7.30am)

Emergency on the day appointments: bookable by phone from 8.30am for the mornings and from 1.30pm for afternoons.

Midwife	Thursday	2.00-4.00pm
Physiotherapist	Tuesday	1.00-4.30pm
Podiatrist	Wed. & Friday	8.45am-12 noon and 1.00-4.00pm
Orthoptist	2nd Tues. of month	9.00am-12.30pm
CAMTAD	4th Tues. of month	9.30-11.30am

Out of Hours Emergencies - call 111

(Cambridgeshire and Peterborough 111 Service)

Health Visitors: (based at Longstanton Surgery):
01954 207612

Well Child Clinics: 3rd Tuesday of the month
1.00-2.30pm at the Children's Centre, Bar Hill (next to Primary School).



USEFUL TELEPHONE NUMBERS

• Church Office: 01954 206120 • Conservative Party (Iris Lay): 01954 205265 • Happy Hours (Helen Collins): 01954 782203 • Liberal Democrat Party (Andy Pellew): 07814 871752 • Library (renewals and enquiries): 0345 0455225
• Neighbourhood Watch: 01954 201001 • Parish Council: 01954 780456 • Police non emergency: 101 •
Post Office: 01954 789285 • Pre-School: 01954 782892 • Samaritans: 01223 364455 • School: 01954 273305 •
Social Club: 01954 781881 • Swavesey Village College 01954 230366 •

- NWR -
CONNECTING WOMEN WHO ARE
INTERESTED IN EVERYTHING AND TALK
ABOUT ANYTHING

NWR is a national women's organisation with members who enjoy lively conversations both serious and light hearted. It is for women, of all ages, who like to be informed and share ideas by actively participating in the content of meetings. We promote friendship and self-confidence for lively minded women. We invite you to join us, come along to one of our meetings, you would be very welcome.

4th February History of Department Stores - choose one store and talk about its origin and life.

18th February Belgium - research one aspect of this country.

3rd March Women Martyrs/Saints - choose one and talk about her life and what made her a martyr/saint.

The Bar Hill NWR group meets informally, at 8pm, in members homes, on alternate Thursday evenings; we pay an annual fee of £18.00 and just £1.00 per meeting to cover local costs. If you would like more information or someone to accompany you to a meeting, please don't hesitate to call Bobby Colver on 01954 781662 or Marie-The Last on 01954 780329

NWR can also be found on www.nwr.org.uk. Why not have a look!

- HEALTH AND WELLBEING CLUB -

This is a new group held in the Tesco Community Room on the second Tuesday of each month. The next one is Tuesday 9th February at 2pm until about 3.30pm.

The group focuses on all aspects of promoting and maintaining good health in every area. We start with a chair based exercise activity followed by advice from one of Tesco's departments, such as the opticians, Nutricentre. This also includes samples of healthy food and demonstrations. Later there will be visiting speakers. This is a unique and friendly group and is an ideal place to meet new people.

For further information contact Sue Kenchington on 01954 780260 or Wendy Arrowsmith.

- 8 O'CLOCK CLUB -

The 8 o'clock Club is an all-women's group which meets on the first Thursday of the month in the lounge in the school. We have a variety of speakers as well as a garden party, a birthday party and a Christmas meal.

4 February - Speaker from Help for Heroes.

3 March - Birthday party - members only.

7 April - School closed - no meeting except for those members going to Tesco.

If you would like further information, please phone Barbara on 01954 204171, Adela on 01954 204265, or Ann on 01954 204687, or come along to one of our meetings, we would be very pleased to see you.

- CARER NEEDED -

I am a Bar Hill resident who is looking for a carer to work some early evenings and cover holiday for other carers. Good rates of pay.

Please call 01954 781926 for more information.

- HAPPY HOURS -

Catching up from November and December seems a long time ago but HAPPY NEW YEAR to all our readers.

Our collection in lieu of Christmas cards raised £30, which was sent to Alzheimers Research at Granta Park.

At our last club day, we had the pleasure of 20 children from Bar Hill School to sing some delightful songs for us, which everyone enjoyed. Many thanks to the School and Teacher.

Our Christmas lunch was held as usual at the Hotel where we were treated royally, with a lovely traditional lunch followed by musical entertainment by Tony Jacks, including some dancing. Our special Christmas raffle included gifts donated by Cambridge Building Society and Dobbies among others, and Tesco gave a lovely plant to all our lady members. Many, many thanks to all those mentioned. You helped make a really special day for our members.

One of our old members, Daisy Baytup, who now lives at Bramley Court, Histon, reached the grand age of 100 on New Years Day, it was a great pleasure to take a card signed by all members and a bunch of flowers to her, the first of our members to reach this age.

We would welcome new members - our club starts at 11am until 3pm with coffee, tea and light lunches. Our aim is to provide friendship and companionship.

For the Age UK Visiting Scheme call 0300 666 9868; for Silverline call 0800 470 80 90 - especially for those who are lonely.

Helen Collins, 01954 782203

- NEIGHBOURHOOD WATCH -

I'll huff, and I'll puff,
And I'll blow your house down
(or, I'll get into your house somehow).

Could the Big Bad Wolf get into your home? Cambridgeshire Police have launched Operation Hunter, an anti-burglary operation in South Cambs, and are giving residents the opportunity to check if their property is at risk. They have created The Bad Wolf Test, a short online quiz that will use your location and property details to evaluate how secure it is. It only takes a few minutes and gives a rating for your house against burglars - whether it is made of bricks, twigs or straw. Then if your home security needs improving they point you in the right direction for help.

Take the quiz at <http://tinyurl.com/bad-wolf-test> or, if you don't have access to a computer, ring 101 and ask for advice from the Crime Reduction Officer. Don't let yourself be caught out - no-one wants to have their home broken into, and you can take steps to minimise the possibility.

AND did you see our Neighbourhood Watch publicity leaflet in early December? Are you in a street where NHW still needs a named contact? It's not an arduous job so please consider it. For more details email nhwinbarhill@yahoo.co.uk or ring 01954 201001.

Pam Vandy, Village Co-ordinator

NEWSPAPERS - WOOD GREEN

Would readers please note that Wood Green Animal Shelter at Godmanchester is desperate for newspapers to line the pens of small dogs and cats. Thank you.

- LETTERS -

Dear Editor

Bar Hill Primary School PTA would like to say a SPECIAL THANK YOU to everyone who contributed prizes and helped in raising the whopping £342.00 for the Christmas raffle. This will enable to PTA to help fund special projects for the school and its pupils, especially as the money raised will play a key role in the start of the Community Farm Project.

Special Thanks going to:

Helene Sausmarez-Carey - Star Wrapper & Naturally Delicious Cakes

Sam Deards - Cambs Property Bureau

Danny Carminati - Football Party

Kirsty Houston - Kirsty's Cakes

Michelle Gray - Younique make up

Stuart Saunders - Urban Cars

Julie Griffin - Dobbies

Francine Cox - Total Relaxation

Waves Leisure club - Hallmark

Shaun Rutherford - Halls of Cambridge

Dion Gallichan - Photography

Vanessa Pond - Massages

Lisa Hall - The Retreat Hallmark

Golf club - Hallmark

Phoenix Cards

Meaw Chettwyn

Tesco - Bar Hill

Extra special thanks to all the parents and friends who donated the fantastic prizes.

Donations are very welcome all year round in preparation for next Christmas's raffle. Just bring to the school marked 'FAO Emily, PTA'.

Thank you once again on behalf of the PTA.

Emily Spenceley, Christmas Raffle Event Organiser

Dear Editor

I work for a documentary production company called The Garden. We make popular and well-respected TV documentaries like 24 Hours in A&E on Channel 4 and Inside Claridge's on BBC Two.

I'm getting in touch with you about a new series we're producing which will be presented by Anne Robinson, following on from her hugely successful series on BBC1 'Britain's Spending Secrets'. Anne now wants to explore the world of work by speaking to lots of people in different careers to try and answer the question 'Does work make you happy?'. Anne will meet a diverse group of individuals with varying careers, from nurses to millionaires, bin men to bankers and explore the link between work and happiness and our attitudes to work and happiness. We are in the early stages of casting and would love to hear from people who might want to take part in the programme. What is the secret to a happy working life? Is everyone paid what they are worth? Maybe you know someone who loves their job? Or loathes it? Do you have an interesting, unique or dangerous job?

We would love to hear from anyone interested in this opportunity. Please do not hesitate to get in touch by e-mail: work@thegardenproductions.tv or by phone: 020-7261 1252.

Many thanks

Ewen Griffiths, The Garden, One America Street, London SE1 ONE

Dear Editor

May I please express my sincere thanks to the two young gentlemen who so kindly came to my aid recently when my motorised scooter broke down outside my bungalow. Unfortunately I did not get their names, and I was most embarrassed when, having carried it all the way to my garage to put it away, they then managed to get it started for me, and I didn't ask their names.

Many, many thanks Lads!

Irene Dempsey

- BAR HILL BOOK CLUB -

Next meeting: Wednesday 16th February
7pm at The Fox

Please join our friendly group, we offer a lovely welcome, good company and great book choices.

Contact: sheilafarrar@hotmail.co.uk

HOLIDAY AT HOME

Bar Hill Church will once again host our annual "Holiday at Home" at Bar Hill Church for three days from Tuesday 5th to Thursday 7th April. This event is primarily aimed at pensioners, but it may be possible to include others who would benefit.

It is a "holiday without going away" and offering all the fun and activities that a holiday offers without the travel.

A range of activities is available during the morning followed by a nutritious lunch. The afternoon offers entertainment and finally afternoon tea.

Please contact Sue Kenchington, 01954 780260 if you are interested or want further information.

BAR HILL VILLAGE FÊTE 2nd JULY 2016

We are looking for volunteers to help on fête day.
We are also looking for any homes that would kindly have a "For Sale" type board in their gardens to advertise fête day, which Haart will kindly donate for us to use.
If you feel able to do this then please contact
Bunty Waters on 01954 201421.

BAR HILL COMMUNITY MARKET



Saturday 6th February

Saturday 5th March

Not April

10.30am - 2pm

In the Octagon CB23 8EH

- Entry is Free -

All profits go to community projects.

Refreshments and BBQ (weather permitting)

If you wish to be part of the market, please

contact Karen Austen 01954 781085;

e-mail: bar.hill.community.market@gmail.com;

Facebook: Bar Hill Community Market





BAR HILL PARISH COUNCIL

Sue Bell, Parish Clerk: 01954 780456

e-mail: bhillpc-1@btconnect.com

Please note that the office is open to Residents between 9am and 11am Monday, Tuesday and Wednesday.

Visit our website: www.barhill.org.uk for updates on local matters.

On behalf of the Parish Council – Happy New Year to all. Could you spare some time to help your community? We have vacancies on the Parish Council – please see village noticeboard for details.

The Council has reviewed and set budgets for 2016-17. Income: £11,136; Expenditure: £133,505. The Precept has been set at £122,369.

The Community Transport Scheme is looking for volunteers to help those with difficulty accessing public transport for medical or social journeys: www.care-network.org.uk.

The Autumn/Winter tidy up of trees, hedges and vegetation is almost complete. A hard cutback on the spine path up to Little Meadow is scheduled for January.

Vehicles are not permitted to park or drive over the green amenity areas at any time. We have recently experienced extensive damage in some areas which will have to be repaired for the mowing season. Any concerns regarding condition of the public rights of way, faulty street lights, adopted roads and path should be reported immediately to the County Council: www.cambridgeshire.gov.uk/info/20081/roads_and_pathways/10/roadworks_and_faults. Let us know too so we can monitor and take up recurrent problems with the County Council.

A14 works – for up-dates www.gov.uk/government/news/essential-work-on-the-a14-m11-in-cambridgeshire.

Topland held an exhibition on 10 November 2015 for the public regarding proposals for 44 homes on part of the Hallmark Hotel site and have met with the Resident's Association. We understand a planning application will be submitted to the planning authority, South Cambs District Council, in the next few weeks. As a consultee, the Parish Council is awaiting details of the final submission application and will publish further information as soon as available.

Residents are urged to take 'lost' items, i.e. valuables, direct to the Police. The Parish Council office is manned only on a part-time basis and thus access for the public is limited.

The next Parish Council meeting will be held on Thursday 18th February at 7pm in the Parish Council Office. Members of the public and press are welcome. There is an Open Forum at the start of each meeting for residents to put their views across. Minutes of the previous month's meeting are on the village notice board.

Items for agendas must be placed with the Clerk at least seven days before the relevant Committee/Full Council meeting.

Handy telephone numbers:

Streetlights: 0800 253529 – give number written on lamp post;

Anglian Water (water supply and sewerage): 03457 145 145;

South Cambs District Council: 03450 450500;

County Council (damaged paths and roads): 01223 717111.

– GIRLGUIDING IN BAR HILL –



Rainbows (aged 5–7 years) meet on Monday and Wednesday;
Brownies (aged 7–10 years) meet on Tuesday and Wednesday;

Guides (aged 10–15 years) meet on Wednesday. If you would like to join in the fun, please register at www.girlguiding.org.uk/interested or e-mail us at barhillguiding@gmail.com.

Nina Hutt (Commissioner)

BAR HILL'S GOLDEN JUBILEE

Bar Hill's official fiftieth birthday will be on 1st April 2016. The area comprising Bar Hill was severed from Dry Drayton and became a parish in its own right on 1st April 1966.

It had been the intention that the 2016 Fete should commemorate the occasion. However, previous commemorations have been celebrated when the first residents moved into the village in May 1967.

It has been decided, therefore, to delay the Golden Jubilee Fete until 2017. Hopefully residents and village organisations will also hold special events in April to mark the village's official Jubilee.

Roger Hall, Chairman, Bar Hill Residents' Association

MATHS AND PHYSICS TUITION

Qualified teacher, with First Class Honours Degree in Physics, offers GCSE and A level tuition in Maths and Physics.

Telephone Paul Noble on 01954 780477

– BAR HILL COMMUNITY MARKET –

Happy New Year to you all.

We had a very good Christmas market with lots of new stallholders in both the Church and the Octagon. Last year we gave donations to the School, the Fête and the Church. If you know of any organisations who would like help with funding for community projects then please let me know. I would like to say a big thank you to Victoire, who made us new *free* posters for our boards. Also a big thank you to all who helped to make the market a friendly place to come in 2015, whether to spend, or have coffee and a chat. I look forward to seeing you all in 2016.

If you wish to be part of this market, either having a stall to sell your own crafts or if you are an organisation who wishes to fund raise, then please contact me on bar.hill.community.market@gmail.com.

Karen Austen 01954 781085

BAR HILL BABY AND TODDLER GROUP



This is held on Wednesdays and Fridays from 9.45–11.15am at the Octagon. It is for families and carers with children aged 0–4 years, with a variety of toys and activities for toddlers and pre-

schoolers, and a baby area with mats and age appropriate toys. Drinks and snacks are provided.

Prices: Under Ones – £1.00 (or FREE when paying for a sibling over one); Over Ones – £2.00.

Maximum charge per family/child-minder – £3.00.

Visit our Facebook page for details of future events.

– CHURCH MATTERS –



Bar Hill Church is a Local Ecumenical Partnership of five denominations
Bar Hill Church is a Local Ecumenical Partnership of five denominations – the Church of England, the United

Reformed Church, the Methodist Church, the Baptist Union and the Society of Friends. The Minister is Charles Mather, who may be contacted on charlesmather20@yahoo.com; 01954 277119.

Everyone is welcome to attend our services which, in February, will be held at the following times:

- | | |
|-------------|--|
| Sunday 7th | 10am Holy Communion with Café Church for young people
6.30pm Evening Worship |
| Weds. 10th | 7.30pm Service for Ash Wednesday |
| Sunday 14th | 8am Holy Communion
10am Quaker Meeting
6.30pm 'ReBoot' Informal Worship |
| Sunday 21st | 10am Holy Communion with Café Church for young people
6.30pm Prayer for Watermead and Brookdale |
| Weds. 24th | 10am Midweek Communion |
| Sunday 28th | 10am All Together Worship
6.30pm Holy Communion |

10am services are followed by tea/coffee, and there is a Traidcraft stall selling a range of fairly traded products.

Prayer for Streets: Each month we pray for people in two streets and during February we will be praying for Watermead and Brookdale. If residents have a particular prayer request for themselves or their family they are welcome to email Ginny on outreach@barhillchurch.org.uk. Residents of these roads are also invited to tea and cake at 6pm on Sunday 21st February followed by an informal service of Evening Prayer.

Groups for Adults:

Home Groups: Various groups meet in homes around the village and provide an opportunity to discuss Christianity with a friendly group of people and to enjoy one another's company. Most groups meet twice a month. If you would like to know more, please contact Bob Chappell on education@barhillchurch.org.uk; 01954 200987.

Art Group: Whether you are a complete beginner or an experienced painter, this group will give you a warm welcome. It meets on Wednesday afternoons throughout the year from 1.30–4pm in the Church. Meetings are very informal, with occasional visits from tutors. If you are new to painting, materials are available to borrow to help you get started. For further information, please contact Jan Hewins on 01954 201495.

Bring Your Own Craft Group: If you enjoy knitting, crochet, card-making or any other creative crafts, or are just beginning but would like some help, join us in the Octagon from 2.15–4.45pm one Saturday each month. Please bring your own craft activity and

materials and we will provide company, refreshments and a chance to unwind.

Dates: 27th Feb, 19th March, 23rd April, 28th May, 25th June.

Contact Wendy on 01954 782041 for more details.

Knit and Natter: This is a long-established group which meets weekly on Thursday afternoons from 1.15–3.30pm in the Octagon. We are a friendly group who support one another, and other groups who need our help. We send hats, jumpers and blankets to wherever they are needed throughout the world. We hold a number of events during the year, including outings, coffee mornings, a Christmas lunch, and 'Holiday at Home' at Easter. Everyone is very welcome, whether to knit, or just to chat and meet new friends. For more information, please contact Sue Kenchington on 01954 780260.

Coffee Stop: This group is run by volunteers on Wednesdays from 10am–midday in the Bar Hill Library. Coffee, tea and biscuits are served at a modest price. We aim to provide a friendly meeting place to chat with friends old and new. The Coffee Stop is used regularly by the Bar Hill Health Walkers, and by members of the Horizon Group. We are grateful to library staff for accommodating us and would love to welcome new people to join us. We encourage everyone to borrow a library book regularly to help keep this facility available for our village. For more information, please contact Sue Kenchington on 01954 780260.

Eco Group: The group meets for an hour in alternate months to think about how we, as a local community, can best use our world's resources both for our own benefit and for that of future generations. Our next meeting is on Sunday 6th March, 11.30–12.30 in the Church (the TNT Room in the main building), and you would be very welcome to join us. For further details, please contact Marguerite on ecogroup@barhillchurch.org.uk.

Music Group: This group meets at 7.30pm on most Friday evenings in the Church to practice the music for Sunday services. If you sing or play an instrument, you would be very welcome to join us. For further details, please contact Bob Chappell on education@barhillchurch.org.uk.

For Children:

Messy Church: This group for pre-school and primary age children and their carers meets in the Octagon from 3.15–5.15 on the 3rd Wednesday of each month. Each session begins with craft activities followed by a story and song on a Bible theme, and ends with a simple meal. For more information, please contact Heather at cyp@barhillchurch.org.uk.

Holiday Club: This will take place from Monday 25th July – Friday 29th July 2016 and is open to all children of primary school age.

For Children and Young People:

Café Church: As an alternative to the Sunday morning

- CHURCH MATTERS -

service, the children and young people meet in the Octagon on the 1st and 3rd Sundays for breakfast, worship and a learning activity. Kidzone for primary school children only is on the 2nd Sunday morning in the Octagon. A crèche is also available during morning services, in the meetings room.

For Young People:

ReBoot (2nd Sunday of the month): This informal evening service, held from 6.30-8.00pm, is for adults and young people. It begins with cake, biscuits and drinks and uses contemporary music and format.

Cell Groups: These groups of young people meet once a month to learn about the Bible and the Christian faith.

Youth Socials: An opportunity to relax and play games (including Wii, Pool, Table Tennis), or themed parties on the 1st Sunday per month from 7.15-9.00pm in the Octagon (school year 7-8s may be collected at 8.30pm).

Soul Survivor Camp will take place from 13th-17th August at the Bath & West Showground near Shepton Mallet. Over 20 of us go every year (age range 14+) and have a super time and fantastic food.

For more information about any of these and other activities for children and/or young people, please contact Heather at cyp@barhillchurch.org.uk.

Church Events in February

- 6th **Community Market** 10am-2pm in the Octagon.
- 6th **Huntingdonshire Concert Band Presents: Anything Goes!** 7.30pm at Bar Hill Church

- WANTED -

A caring and reliable person to help occasionally to walk a small dog in Bar Hill. Times negotiable. Please call 01954 789243 after 6pm or weekends.

S DYE

For all your Painting & Decorating needs.
Please call 07806 629972 or 01954 230484

...did you know...

...hippopotomonstrosesquippedaliophobia is a fear of long words! really?

THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

Hills Road, Cambridge

The Catholic Church serving Bar Hill

<i>Parish Priest:</i> Mgr Peter Leeming	Tel: 01223 350787
<i>Local contact:</i> Bunty Waters	Tel: 01954 201421
Monday, Wednesday, Thursday, Friday	8am and 12.15pm
Tuesday	8am and 7.30pm
Saturday	6pm. First Mass of Sundays

Masses in the Parish Church in Cambridge; also 5pm at Cambourne and 6pm at The Octagon, Bar Hill.

Holydays of Obligation 8am, 10am, 7.30pm

Sacrament of Reconciliation

Tuesday	6.45pm (not after Mass)
Saturday	10.30-11.15am, 4.30-5.15pm, 7.00-7.45pm

Details of other services are published in a weekly newsletter available at the 6pm Mass each Saturday. Copies are also available in the Church Centre.

- OPPORTUNITY -

VOLUNTEER DRIVERS REQUIRED

Can you spare any time?

The Over Day Centre is a thriving charity that offers high quality day care for the frail and elderly of Over and the surrounding villages. We urgently require Volunteer Drivers for transporting our clients to and from the Centre on Tuesdays - 9.15-11am and 3.15-5pm. Full training will be given and a DBS check will be required. For further information, please contact Sarah Peck, Centre Manager, on 01954 231807; office@overdaycentre.co.uk, or at Over Day Centre, 1 Drings Close, Over, CB24 5NZ.



- TOM MOORE - BUILDING WORK

All types of small building work undertaken by experienced craftsman. Competitive rates.

E: tombola49@aol.com; T: 078125 71384; 01954 202677;

CONSULTATION ON ADVOCACY SERVICES

Cambridgeshire County Council and Peterborough City Council are consulting with anyone with an interest in the future of advocacy services across Cambridgeshire and Peterborough. They are seeking feedback on the draft specification for an integrated advocacy service in their areas. Both councils are fully committed to the principles and benefits of independent advocacy and want the new advocacy service to build on the success of current and previous advocacy services. There will be one contract for advocacy services in Cambridgeshire, and one for advocacy services in Peterborough.

A three month public consultation opened in November 2015. For more information and to take part visit www.cambridgeshire.gov.uk and search for 'Consultations' to complete the online survey.

If you do not have internet access and require a paper copy of the consultation, or if you need it in an alternative format such as large print or Easy Read please contact:

Cambridgeshire: Carol Williams, T: 01223 706130; E: carol.williams@cambridgeshire.gov.uk;

Peterborough: Helen Gregg, T: 01733 863618; E: helen.gregg@peterborough.gov.uk.

The consultation closes on 20th February 2016.

BAR HILL VILLAGE HALL

- Conference Facilities;
- Seminars;
- Committee/Meeting Room;
- Training Days;
- Exam Sessions;
- Wedding Receptions;
- Birthday Celebrations;
- Anniversary Celebrations;
- Charity Events;
- Children's Parties;
- Jumble Sales.
- Kitchen Facilities.
- Excellent Parking and Catering Facilities.



During the week we have the following groups and clubs:

Monday	Helene Jones Dance (school term time only)	4.00-8.15pm
Tuesday	Shotokan Karate	5.45-8.00pm
Tuesday	Danielle (Boot Camp)	8.00-9.00pm
Wednesday	Helen Jones (Dance)	4.00-6.45pm
Wednesday	Zumba	7.00-8.00pm
Wednesday	Pilates	8.00-9.00pm
Thursday	Pilates (term time only)	10.00-11.00am
Thursday	Weightwatchers	7.00-7.50pm
Friday	Stage Starz (term time only)	5.45-6.45pm
Friday	Martial Arts	7.45-9.00pm
Saturday	Sweat and Tone	8.00-9.00am
Sunday	Bingo (doors open 7pm)	7.30-9.30pm
	Cash prizes	

If you wish to book any of these facilities, or get more information, please call 01954 782414 and leave a clear message. We'll call back within 24 hours Monday-Friday; or e-mail barhill.villagehall@btconnect.com.

We look forward to hearing from you.

NEW YEAR, NEW YOU

- TIME TO MAKE A DIFFERENCE -

Are you keen to make a difference in 2016? The Royal National Institute of Blind People (RNIB) is in need of volunteers in Cambridgeshire to join our Community Fundraising Team and help to make every day better for the 18,210 people in the area living with sight loss or blindness. Every day 100 people in the UK are told they may lose their sight. Right now RNIB can only reach one in three of the people who need our help most. Join RNIB's Community Fundraising Team and help us reach them all.

From setting up a fundraising group with friends to arranging and helping at collections, speaking about RNIB to potential supporters, to placing sooty boxes in your local area, we will have something to suit you. You will receive all the support you need to ensure your volunteering experience is enjoyable and rewarding while helping us to raise vital funds.

To get involved or to find out more please call us on 0345 345 0054, visit www.rnib.org.uk/fundraisingvolunteers or e-mail communityfundraising@rnib.org.uk.

About RNIB

Every 15 minutes, someone in the UK begins to lose their sight. RNIB is here for everyone affected by sight loss - that's almost two million people in the UK. If you, or someone you know, has a sight problem, RNIB can help. Call the Helpline on 0303 123 9999 or visit www.rnib.org.uk.

BAR HILL SPORTS AND SOCIAL CLUB



The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large HD TV screens, play pool, darts, skittles and cribbage, or enjoy a drink in our quiet lounge bar.

Visit our website, www.bhssc.org.uk or join us on Facebook, at Barhillsports.Socialclub.

What's on in February?

Sat. 6th Membership Draw, £50 to be won on the night

Sat 20th Membership Draw, £50 to be won on the night

Looking Ahead...

Sat. 5th March Membership Draw

Sat 19th March Membership Draw

Do you live in the smartest street in the Village?

That's smart as in clever! We are holding a quiz in March that will pit Bar Hill Street against Street. So grab another five people from your street and join in. Full details in next months Bar Hill News.

Saturday Football Teams Home Games - K/O 1400

6th Feb Bar Hill Saturday Res. v Brampton Res.

13th Feb Bar Hill Saturday v Witchford 96

20th Feb Bar Hill Saturday Res. v Isleham United.

27th Feb Bar Hill Saturday v Needingworth United.

Bar Hill Ladies Football Team home games

21st Feb v Fulbourn Bluebirds.

Not a Member?

New members are always welcome. Join now for £10, Seniors £5. Pop in and have a look around. Please ask the bar staff for a membership form. See our website for opening times.

Andrew Wilkin, BHSSC, 01954 781881

STORYTIME AT BAR HILL LIBRARY

Stories and pictures, rhymes, songs and craft activities, from 10.30am at Bar Hill Library, on Saturday 6th and Saturday 20th February.

Open to children of pre-school age and their older brothers and sisters who are accompanied by an adult, Storytime offers half an hour or so of book-based fun twice every month.

Often there is a theme, explored through stories, songs and craft. There is no need to book; just come along to give your child the opportunity to experience what is gained by learning to read.

- COUNSELLING IN BAR HILL -

Depression, Anxiety, Stress, Bereavement, Addiction, Couples etc.

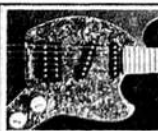
Experienced counsellor practising at The Maple Surgery.

Immediate appointments available.

Telephone Mark on 07905 833288.

e-mail: info@thecambridgecounsellor.co.uk;

or visit www.thecambridgecounsellor.co.uk.



GUITAR & BASS TUITION

inc. Guitar Repairs

Phone
Steve Beaneq

01954 260851
07929 888128

— NWR —
CONNECTING WOMEN WHO ARE
INTERESTED IN EVERYTHING
AND TALK ABOUT ANYTHING



NWR is a national women's organisation with members who enjoy lively conversations both serious and light hearted. It is for women of all ages, who like to be informed and share ideas by actively participating in the content of meetings. We promote friendship and self-confidence for lively minded women. We invite you to join us. Come along to one of our meetings, you would be very welcome.
2nd Feb. Mental health the last taboo
16th Feb. South Sea Islands – where, what, who and why?

2nd Mar. Antiques of the Future

The Bar Hill NWR group meets informally in members' homes on alternate Thursday evenings at 8pm. We pay an annual fee of £20 and just £1 per meeting to cover local costs. If you would like more information or someone to accompany you to a meeting, please don't hesitate to call Marie-The Last on 01954 780329 or Jackie Jackson on 01954 781613.

NWR can also be found on www.nwr.org.uk. Why not have a look!

BAR HILL
COMMUNITY
MARKET



Saturday 4th February
Saturday 4th March
Saturday 1st April
10.30am – 2pm
In the Octagon CB23 8EH

— Entry is Free —

All profits go to community/charity projects
Refreshments with Soup and Bread from 12 noon
served by the Guides.

BBQ (weather permitting)

If you wish to be part of the market please contact

Karen Austen 01954 781085

e-mail: bar.hill.community.market@gmail.com

Facebook: Bar Hill Community Market

VOLUNTEERS FOR BLIND VETERANS UK

Could you spare an hour or two a week to befriend a blind veteran who has become isolated? Do you have an afternoon free where you could help a blind veteran with their food shopping?

We are looking for volunteers across the UK to help support our blind veterans. Whatever time you have to spare we can find an opportunity to suit you. We also provide training and support to make your time volunteering with us an incredible experience.

Contact Lisa Walsh: 07850 518431;

email: lisa.walsh@blindveterans.org.uk or visit blindveterans.org.uk/volunteer.

Blind veterans UK; Registered Charity No. 216227 (England and Wales) and SC039411 (Scotland)

— HAPPY HOURS —



Hope you all had a great Christmas and here's hoping for a wonderful New Year. Our Club meets most Mondays in the Octagon building of Bar Hill Church and runs from 11am until 3pm, with coffee, tea and light lunches. Our Winter lunch time menu

consists of soup and a roll or baked potato with butter (at £1.50 each) or filled baked potatoes (cheese, tuna mayo or baked beans) or a ploughman's lunch (at £2 each). Our aim is to provide friendship and companionship, so why not come along and give us a try? You can have a good old natter, a game or two, or enjoy our other various activities. We would welcome new members. In December we celebrated with a Christmas sing-along and a brilliant Christmas party at the Hotel. After the Christmas break we had a gentle restart in January with mulled wine and a quiz.

Coming up in February:

6th: All about Vera

13th: Sweet Talking

20th: Bingo and a quiz

27th: The Pancake Games

Anne Plumb, 01954 780364

BAR HILL SCHOOL — PTA

We would like to say a huge thank you to all the parents, guardians and friends of the school who donated towards the Christmas raffle. It was a massive success!

There are a few others we would like to thank: • Elliotts;

• CBS; • JH Fitness; • CambsProperty Bureau;

• Mick Geburtig; • Steve Jolley; • Bar Hill Sports &

Social Club; • Total Relaxation; • Urban Cars;

• Hallmark Hotel & Lets Rent; • Halls of Cambridge;

• Dumbleton Photography; • Dion Gillichan

Photography; • Jason Kirkby; • Cambridge United.

Upcoming Events: Cake stall in the school playground or Hall Friday 10th February.

End of Term disco: Friday 24th March. Reception, Yr1 & Yr2: 6.00–7.15pm Yr3, 4, 5 & 6: 7.30–9pm.

Jubilee Summer Ball: Saturday 13th May, Live Band, food and more – details to follow.

— 8 O'CLOCK CLUB —

We are a women's group that meets on the first Thursday of the month in the lounge at the school.

We have a variety of speakers as well as an annual garden party, birthday party and Christmas meal.

2nd February – Talk about the Norris Museum in St Ives and the redevelopments it is making

2nd March – Birthday party – members only

If you would like further information please phone

Barbara on 01954 204171, Adela on 01954 204265,

Ann on 01954 204687, or come along to one of our

meetings. We would be very pleased to meet you.

— OVER SURGERY & PHARMACY —

1 Drings Close, Over CB24 5NZ

T: 01954 231550; E: admin.oversurgery@nhs.net

Pharmacy: T: 01954 233457; E: overhealthcare@nhs.net

A happy and healthy 2017 to all our patients!

— LETTERS —

Dear Editor

It was lovely to see that a resident of Bar Hill wrote regarding the old skate park site. At last someone has acknowledged the impact of not having the skate park anymore! The youngsters have been left absolutely devastated by the park being ripped down, leaving them with nowhere to go.

I think the Parish Council should be ashamed of themselves at the way they went about ripping it down and not listening to the young people of Bar Hill. The skate park was somewhere for young people to go, getting them out in the fresh air and exercising. Instead they are now left to ride "street" around the village getting asked to move on as they are causing aggravation. Come on villagers and Parish Council, do something for the young people of Bar Hill and get the skate park back! I know that all the young riders in the village will help in any way they can to get this project started!!

Nicola Webb, Hollytrees

Dear Editor

I must comment on G. Caswell's letter in December's Bar Hill News about the skate park. Although I'm a Parish Councillor my comments are made as a resident. Because of vandalism and other issues, the site was deemed to be unsafe. This was information the Parish Council received, so they had no option but to clear the site and shut the park.

You don't have to be a Sherlock Holmes to work out who was responsible for the problems, but without evidence how do you charge anybody with criminal damage? That's what worries me if the skate park is replaced. Who's to say it wouldn't happen again and more of our money would be thrown away?

Instead of berating the Parish Council and being "a rider in the stand" how does G. Caswell suggest the Parish Council afford a replacement skate park given it will cost £40-60,000?

John Doland, Hanover Close

Dear Editor

Working together – Community safety and awareness

Now that work activity has increased on the A14 Improvement Scheme we thought it seemed timely to remind you that employees working on the scheme are not authorised to offer services door to door. Highways England and its delivery partners do not authorise any of its employees to cold call on residents to offer services. If in doubt, as with any cold callers, do consider reporting them to the police on the non-emergency contact number 101 (unless it is an emergency, in which case it would be 999).

Kind regards

Penny Fletcher, Senior Communications & Engagement Manager, Highways England

Dear Editor

We would like to thank everyone that attended our Pink and White Charity Disco at the Social Club last year. We raised a massive £1,810 for Breast Cancer Now, a charity close to many hearts. This was added to our marathon target of £2,000 which we exceeded and totalled £2,660! This year we are running the marathon again but for three charities, Breast Cancer Now, Papworth Hospital and Alzheimer's Research UK, with a massive target of £5,000. We'll be running two half-marathons and the full London marathon.

To achieve our fundraising total we are holding a 'James Bond Casino and Disco Night' on 25th March 2017 from 7pm till midnight at Hallmark Hotel. Tux and evening dresses. Your ticket includes BBQ, Disco and 'funny money' to gamble with, all for £40. Tickets from Dom [domcarminati@icloud.com] or Danny [Danny_carminati@hotmail.com]. If you can't come but would like to donate, please see our page:

www.virginmoneygiving.com/team/domanddannyc

Thank you again

Dom and Danny

THANK YOU EVERYONE

A big pat on the back to everyone who bought a Bar Hill Dogs Calendar.
We raised £261.20 for Hearing Dogs for Deaf People.
Thank you very much!

FOR SALE

– 2 x Stratos Adventure Road Cycles –

1 Male 1 Female; Shimano gears – Shifter 3/7 speed Rear Derailleur 6/7 – Front Derailleur, Band on triple Both bikes UNUSED – Cost £219 each – Sell £175 each

2 Helmets UNUSED – Cost £40 each – sell £25 each

Special price: £350 the lot

including pump and repair in bag

Reason for sale – seemed a good idea at the time but our health did not agree!

TONY: 07831 895007 or 01954 789848

— GIRLGUIDING IN BAR HILL —



Rainbows (5–7yrs); Brownies (7–10yrs); Guides (10–14yrs) all meet weekly; Senior Section (15–25yrs) meets monthly.

Packed with age appropriate

activities for girls to participate in and try out!

If you would like to join in the fun, please e-mail us:

gg_barhill@icloud.com; or you can register online:

<https://enquiry.girlguiding.org.uk>.

Sarah Rivers, Commissioner

Norfolk In Focus

Photography workshops in the beautiful Norfolk landscape

Led by two experienced photography teachers, spend a whole day taking photographs and learning new photographic skills.



Next Dates

11th February 2017

22nd April 2017

Visit www.norfolkinfocus.com for further dates and contact information.



BAR HILL PARISH COUNCIL

Sue Bell, Parish Clerk: 01954 780456

e-mail: bhillpc-1@btconnect.com.

Please note that the office is open to residents between 9am-11am

Monday, Tuesday and Wednesday. Visit our website: www.barhill.org.uk for updates on local matters.

Report

- Work has begun on clearing some of the spine paths. The Hollytrees stream and other areas will commence shortly. The Council has focused on tackling areas of most benefit to most people, and where there is evidence of nuisance/threat to property. Further work from the Tree Survey will commence in the next financial year. Our grateful thanks to the steering group who have given a great deal of time to co-ordinate and steer the programmes.
- People are reminded that organised events planned for the Village Green must receive consent from the Parish Council. Contact the Clerk or Chairman for guidance, especially in regard to your public liability insurance and clashing with other planned events.
- The Council has set the Parish Precept at £128,486 for 2017-18 which represents £1.69 per week, an increase of 8p per week based on a Band D property – proportionally more or less for other Bands (see tax leaflet published with the Council Tax demand from the District Council).
- A14 works is beginning. Public meetings about the proposed route of the A14 and access into Bar Hill, including during construction works, took place at the Village Hall last year. The Council will endeavour to work with Highways England to keep the public informed via websites and notices. Some of the lands around the entrance of the village are under Notice of Compulsory Purchase or Compulsory Temporary Use, including around the former skate park. We understand this is in part for access to services.
- SCDC reports that the applicant has put in an appeal following their refusal to give consent for housing development on part of the hotel land.
- The Council will be reviewing play facilities for children up to teens.
- As Bar Hill celebrates its 50th anniversary, it promises to be a busy year.

The next full Parish Council meeting will be held on Thursday 16th February at 7pm in the Parish Council Office. Minutes of the previous month's meeting are on the village notice board. Items for the agenda must be placed with the Clerk at least seven days before.

Handy telephone numbers:

Streetlights: 0800 253529 – give number of lamp post;

Anglian Water: (water supply and sewerage):

03457 145 145;

South Cambs District Council: 03450 450500;

County Council: (damaged paths and roads): 01223 717111;

DOG WALKING

Crazy Dog Lady currently available on Wednesdays and Thursdays: £10 per hour. Please contact Sarah on 07913 690021.

— MAKE A WILL MONTH — THROUGHOUT MARCH 2017

Have you got round to making or updating your Will? Now's the time!

Local solicitors and will writers are kindly donating their time to write or update a standard will in return for a donation to the Arthur Rank Hospice.

Make a will to make sure those you care about most are provided for – it's easier than you think.

For more details, visit www.arhc.org.uk/Makeawill.asp; call 01223 675881 or email lucy.day@arhc.org.uk.

Arthur Rank Hospice Charity: registered charity n° 1133354.

— SUPPORT DURING A POWER CUT —

Do you know someone who may need extra support during a power cut? Do you need support?

Although power cuts are rare when they happen they can be worrying.

UK Power Networks delivers electricity to homes and businesses across the East of England. We have a 'Priority Services Register' for people who might need extra help in a power cut, e.g. older people, families with very young children, and people with specific medical conditions, all of whom are eligible to register for free support.

You can find more details at: ukpowernetworks.co.uk/prioritysupport; or by calling 0800 169 9970.

HAIR2U

Professional Mobile Hairdressing covering Bar Hill and surrounding areas. Call Caroline: 07843 238718



— THE ALLOTMENT SOCIETY —



Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Please contact

Rob Lawrence, plot allocator, on

07788 590348. All other allotment matters should be addressed to: bhallotment@hotmail.com.

— BAR HILL SPORTS & SOCIAL CLUB —



The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large HD TV screens, play pool, darts, skittles and cribbage, or enjoy a drink in our quiet lounge bar.

Thank you to all the members who continue to support the club and the events we put on.

What's on in February

11th Members' draw.

24th Karaoke & Cocktails

25th Members' draw.

What's on in March

11th Members' draw.

25th Members' draw.

Not a Member?

Join now for £10, Seniors £5. Pop in and have a look around. Please ask the bar staff for a membership form. For further information, including opening times, visit our website: www.bhssc.org.uk or tel: 01954 781881, or join us on Facebook at Bar Hill Sports & Social Club.

— Bar Hill Church —



Bar Hill Church belongs to several denominations, including the Church of England, the United Reformed Church, the Methodist Church, the Baptist Union and the Society of

Friends. The Minister is Charles Mather, who may be contacted on charlesmather20@yahoo.com or tel: 01954 277119. The church website is at www.barhillchurch.org.uk the Facebook page is at <https://facebook.com/barhillchurch> and our Twitter account is @BarHillChurch.

EVERYONE IS WELCOME TO ATTEND OUR SERVICES AS FOLLOWS:

February

Sun. 5th	10am	Holy Communion
Sun. 12th	10am	Quaker Meeting
Sun. 19th	10am	Holy Communion
	5.30pm	Teatime Worship
Sun. 26th	10am	Morning Worship
	6.30pm	Reboot – Contemporary Worship

March

Sun. 5th	10am	Holy Communion
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Totzone, Kidzone and Café Church take place during 10am services except during the All Together Worship Services. 10am services are followed by tea/coffee, and there is a Traidcraft stall selling a range of fairly traded products.

EVENT: Huntingdon Brass Band



Saturday 25th February
in the Worship Hall at 7.30pm
Tickets £7 available from Sue Kenchington

PRAYER FOR STREETS

Each month we pray for people in our streets. During February we will be praying for The Fairway and Robin Close. If residents have a particular prayer request for themselves or their family they are welcome to e-mail Ginny on outreach@barhillchurch.org.uk



Traidcraft

Come and buy Fair Trade items from our Traidcraft stall each Sunday after the morning Service.

— GROUPS FOR ADULTS —

ART GROUP



Whether you are a complete beginner or an experienced painter, this group will give you a warm welcome on Wednesday afternoons throughout the year from 1.30–4.00pm in the Church.

Meetings are very informal, with occasional visits from tutors. If you are new to painting, materials are available to borrow to help you get started.

Contact Jan Hewins on 01954 201495.

MUSIC GROUP



This group meets at 7.30pm most Friday evenings in the Church to practise the music for Sunday services.

If you sing or play an instrument, you would be very welcome to join us. For further details, please contact Bob Chappell on education@barhillchurch.org.uk

COFFEE STOP



Every Wednesday from 10am–midday in the Bar Hill Library.



Coffee, tea and biscuits are served at a modest price. A friendly meeting for all to chat with friends old and new. Contact Sue Kenchington on 01954 780260.

ECO GROUP

The group meets for an hour in alternate months to think about how we as a local community can best use our world's resources, both for our own benefit and for that of future generations. For further details please contact Marguerite on ecogroup@barhillchurch.org.uk

HOMEGROUPS

Would you like an opportunity to meet other Christians for Bible Study and Prayer? Our homegroups provide an informal but supportive environment. Our present theme is "Matters of life and death".

For more information contact Bob Chappell: education@barhillchurch.org.uk



KNIT & NATTER

Thursday afternoons from 1.15–3.30pm in the Octagon.

Christmas Lunch will be on Saturday 10th December at 1200 in the Octagon.

Everyone is very welcome, whether to knit, or just to chat and meet new friends.

Contact Sue Kenchington on 01954 780260.

BRING YOUR OWN CRAFT GROUP

The craft group is open to anyone who enjoys or would like to start knitting, crochet, card-making or any other creative crafts. We meet in the Octagon from 2.15–4.45pm one Saturday each month for a couple of hours chatting, crafting and enjoying a chance to unwind. Please bring your own craft activity and materials – refreshments are provided. Next meeting: Saturday 18th February
Contact Wendy on 01954 782041 for more details.

LOCAL BABYSITTER AVAILABLE

Mature, Reliable, Trustworthy
• DBS Checked • Paediatric First Aid
Trained • Full Driving Licence •
Various Days/Nights

Contact Emma: info@babysittingbyemma.co.uk
M: 07881 626641

— Bar Hill Church —

— CHILDREN & YOUNG PEOPLE —

Cafe Church

On the first and third Sunday of each month the Children and Young people meet together in the Octagon for breakfast and worship and a learning activity
On the second and fifth Sunday of each month we have Kidzone with activities for Primary aged children
Totzone (4 years old and under) meets each week in the Meetings Room during the morning service.

— YOUNG PEOPLE —

REBOOT

(4th Sunday of the month)

This informal evening service, held from 6.30–8.00pm, is for adults and young people. It begins with cake, biscuits and drinks and uses contemporary music and format.

— FAMILIES —

MESSY CHURCH

For pre-school and primary age children and their carers meets on the 3rd Wednesday of each month.
Join us for a Bible story and related craft activities followed by a simple meal. The next meeting will be on 15th February. All are welcome
For more information, please contact Heather at cyp@barhillchurch.org.uk

TEA TIME WORSHIP

For pre- and primary age children and their families.
A new fun and noisy service, with songs, stories, puppets, prayers and activities.

Sunday 19th February from 5.30–6.30pm.
Bring a picnic to eat together afterwards.

FOR MORE INFORMATION about any of these and other activities for children and/or young people, please contact Heather at cyp@barhillchurch.org.uk

— BAR HILL BOOK CLUB —

Our next meeting is on Tuesday 28th February at 7pm in the Fox, Bar Hill.

Our friendly group offers a lovely welcome, good company and great book choices.

Contact: sheilafrarr@hotmail.co.uk or 07920 558319.

S. DYE For all your Painting & Decorating needs.
Please call 07806 629972 or 01954 230484

Songs **Bar Hill MESSY CHURCH** Paint

3.15 – 5.15pm

In the Octagon
Come along!
Kids and carers

THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

The Catholic Church serving Bar Hill

Hills Road, Cambridge

Parish Priest: Rt. Rev. Mgr Eugene Canon Harkness

Tel: 01223 350787

Local contact: **Bunty Waters** Tel: 01954 201421

Mon., Weds., Thurs., Friday 8am & 12.15pm

Tuesday 8am & 7.30pm

Saturday 6pm: First Mass of Sundays

Masses in the Parish Church in Cambridge; also 5pm at

Cambourne and 6pm at The Octagon, Bar Hill.

Holydays of Obligation 8am, 10am, 7.30pm

Sacrament of Reconciliation

Tuesday 6.45pm (not after Mass)

Saturday 10.30–11.15am, 4.30–5.15pm, 7.00–7.45pm

Details of other services are published in a weekly

newsletter available at the 6pm Mass each Saturday.

Copies are also available in the Church Centre.

Home Visits

I am happy to bring communion to house bound Catholics. I also visit people at the end of their lives, of any religion or none, who would welcome support or are distressed spiritually.

Contact Jean: 07841 397338, Catholic Eucharistic Minister.
Associate Member of the Hospice Chaplaincy Team.

FOR SALE

Brand new.

In box, unwrapped, CHICCO Stroller Pushchair £40.00.

"The Chicco Echo is a stroller designed to meet the demands of dynamic mums searching for a modern stylish product, with attractive colours, practical and user-friendly for everyday use."

Call 07734 690580

— BAR HILL VILLAGE HALL —

- Conference Facilities;
- Seminars;
- Committee/Meeting Room;
- Training Days;
- Exam Sessions;
- Wedding Receptions;
- Birthday Celebrations;
- Anniversary Celebrations;
- Charity Events;
- Children's Parties;
- Jumble Sales.
- Kitchen Facilities.
- Excellent Parking and Catering Facilities.



During the week we have the following groups and clubs:

Mon. Helene Taylor-Todd School of Dance	4-6pm
(school term time only)	
Mon. Craig Burns Bootcamp	6.15-7.15pm
Mon. Martial Arts	7.30-9pm
Tues. Shotokan Karate	6-8pm
Wed. Helene Taylor-Todd School of Dance	4-6.45pm
Wed. Danielle Fitness Classes Zumba & Pilates	7-9pm
Thur. Pilates (school term time only)	10-11am
Thur. Weightwatchers	7-7.50pm
Fri. Baby Sensory	10.30-12.30pm
Fri. Martial Arts	7.30-9pm
Sun. Bingo (doors open 7pm) Cash prizes	7.30-9pm

If you wish to book any of these facilities, or get more information, please call 01954 782414 and leave a clear message. We'll call back within 24 hours (Monday to

— MAPLE SURGERY NEWS —

Tel: 01954 780442

www.mhmaple.co.uk

A happy and healthy 2017 to all our patients.

The surgery will be closed from 12-1pm on Thursday, 22nd February for training.

Flu Clinic – if you are eligible and have not yet had your flu vaccination, please call the Surgery to make an appointment.

Shingles vaccinations – from 1st September 2016, shingles vaccinations are offered routinely to people aged 70, and, as a catch up, to those aged 78. Please ring the surgery to see if you are eligible.

Free NHS health checks – if you are between 40 and 74 years old and have not had an NHS health check in the last five years, please contact the Surgery to book your check with the Nurse now.

Emergency/On the Day Appointments – please remember that morning emergency/on the day appointments may be booked weekdays from 8.30am, and afternoon appointments from 1.30pm.

Test Results – telephone requests for blood results will only be accepted after 2pm.

Repeat Prescriptions – please remember to allow two clear working days for your repeat prescription request to be processed. Please note we no longer accept repeat medication requests from community or online pharmacies or appliance contractors. Patients or carers must request their own medication and advise us of their chosen pharmacy.

The Maple Surgery Team

TESCO Bags of Help

Your chance to bag up to £5,000 for local community projects



TESCO is inviting local community groups, green space projects and other organisations to apply for their share of a £12,000,000 carrier bag charge fund.

The supermarket has teamed up with the charity Groundwork on its Bags of Help initiative, which sees the money raised from the 5p bag levy being used to pay for a large number of local projects to improve green spaces in communities.

Tesco customers will decide on a monthly basis which groups get grants of up to £1,000, £2,000 and £5,000 in regions up and down the country.

It's expected the new monthly format will see more than 100 projects receive vital funding across Cambridgeshire every year. Funding will be awarded to projects that use and develop outdoor spaces in ways that will benefit their local community. We've already seen local groups, schools and charities benefit and look forward to seeing many more exciting projects come out of this initiative. Find out more about how to bag your share or nominate a good cause at www.groundwork.org.uk/tesco



SEWING SERVICE

If you have a sewing job you don't fancy doing, call Lyn on 01954 201113.

BAR HILL BABY AND TODDLER GROUP

Wednesdays and Friday (term time)

9.45-11.15am in the

Octagon.

Ordinary session price includes children's snacks, drink, craft, play and adult tea/coffee. Under 1: £1.50; Over 1: £2.50; Family: £3.50.

Winter Special Event:

Sat. 11th Feb. The Snow Ball



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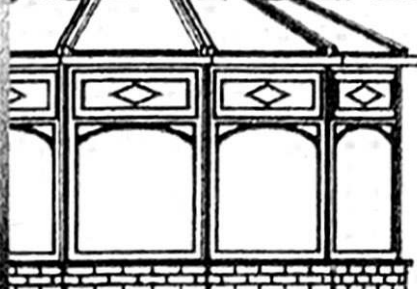
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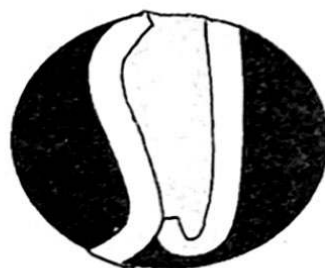
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A HAPPIER CHRISTMAS FOR HUNDREDS OF FAMILIES

In late 2016, residents of Hanover Close joined the "Reverse Advent Calendar" project for the Cambridge Foodbank, by donating Christmas crackers/cakes, tins of tuna/salmon/ham, dried fruit, meat/fish paste, mayonnaise, Yule logs, nuts, jam, pickles, selection boxes, crisps and chocolate biscuits, and shower gel. The project was supported enthusiastically and on 10th December, Rachel Slater, Estate Manager, along with her son Jacob, delivered six full advent hampers. The foodbank was delighted and reported that six families would have a brighter Christmas thanks to residents' generosity.

The project was a huge success, with a further 35-plus hampers being donated via Bar Hill Church. Almost 270 hampers were delivered around South Cambridgeshire. The organisers were so grateful for the enthusiastic support they received. The foodbank provides help to vulnerable families all year round and is always desperate for donations. For more information: <https://cambridgecity.foodbank.org.uk/>

INTERNATIONAL WOMENS' DAY

The Office of the Police and Crime Commissioner is working with Cambridgeshire Constabulary to create an event for International Women's Day on 8th March 2017. The theme will be around bringing communities together with a particular focus on keeping you and your community safe. The event will be designed around what women tell us are the issues of greatest concern to them and what they would like to learn more about.

We are asking individuals and women's groups across Cambridgeshire and Peterborough to get in touch and let us know what issues affect you and your local community. What information would empower you to make a change and what areas would you like more information about, to increase your understanding of these issues and what you could help do to resolve them. Themes could include domestic abuse, cyber security, safeguarding children and adults, inequality and community cohesion.

We want as many communities as possible from all walks of life to get involved not only in helping us plan the event but in encouraging as many women as possible to attend. If you have any suggestions, or would like to be a part of the event, please contact Sarah Morgan: sarah.morgan@cambs.pnn.police.uk

— BAR HILL COMMUNITY CAR SCHEME —



This scheme is aimed at the residents of Bar Hill who don't have access to a car and struggle with using public transport. It costs only 30p per mile, with a minimum charge of £3.00 per journey. Our drivers are fully insured. Once a journey is booked (07496 465330), a volunteer driver will collect you and take you home after your appointment.

If you would like to volunteer, know of someone who would benefit from this scheme, or want to know more about it, please get in touch with Jane Johannessen, Community Development Officer, Care Network, on: T: 01954 211919; E: jane.j@care-network.org.uk

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Booking appointments online – if you would like to book online, contact the surgery for more information.

PLEASE REMEMBER TO CANCEL YOUR APPOINTMENT IF YOU DON'T NEED IT.

Carers support meetings – our next meetings at Willingham Surgery are on 8th February, 8th March and 5th April from 2–4pm. Please pop along and get some free support and advice.

Cambridgeshire Hearing Clinics – the next Hearing Aid Clinic at Willingham Surgery is 15th February from 2–4pm. No appointment necessary, just pop along for your free NHS hearing aid batteries and for help and advice regarding hearing loss.

RELATE Cambridge – will be offering counselling for couples and individuals at Willingham Surgery from the 10th January 2017. Appointments will be on a Tuesday from 10.30am–12.30pm. If you feel this is something you would benefit from, please discuss with your GP. For more information go to www.relatecambridge.org.uk.

— WILDLIFE TRUST —

Huntingdonshire Local Group
Alpine Flora and Fauna

Wednesday 8th February at 7.30pm at Brampton Memorial Centre, Thrapston Road, Brampton, PE28 4TB. Alice Hunter, a local wildlife photographer with a keen interest in flora and fauna, presents an illustrated talk. Anyone interested in wildlife is most welcome to attend. Entrance is £2.50 (accompanied children free). Please contact Tim on 01480 457795 for further information. Part of the Wildlife Trust for Bedfordshire, Cambridgeshire and Northamptonshire. Registered Charity No: 1000412.

BAR HILL FOOTBALL PROJECT



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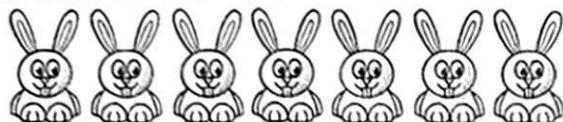
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Childminders: (those with current vacancies are starred)

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— NEIGHBOURHOOD WATCH —



Well done, Bar Hill! The police were pleased with the turn out to their Operation Hunter event in December, designed to tackle last winter's increase in crime.

Good questions were asked during the presentation and plenty of home security devices were sold.

Among all the advice given, Sergeant Rabel particularly stressed:

- 1 Make your house appear lived in *whenever* you are out e.g. use timer switches for lights, and Simulated TVs (a small unit with bright LEDs of varying intensity and colour which mimic a real TV).
- 2 Report *any* concerns, suspicions or incidents on 101, the non-emergency line (though 999 for crimes in progress or where life is in danger). We know our area best and the police rely on our reports to detect current or emerging patterns of crime.

About a dozen police were also out around the village calling on residents to offer advice and Home Security checks. It is still possible to request a Home Security check or buy any of these devices: • Timer switches: £2; • Simulated TVs: £10; • Window alarms: £2; • Shed alarms: £8.

Contact Rachel Carr, Crime Reduction Officer:
rachel.carr@cambs.pnn.police.uk or ring 101.

Bad Wolf Test – have you done this yet? A series of quick questions will indicate how secure your house is against burglars and rate it brick, twigs or straw (as in the 3 little pigs story). Take the quiz at <http://tinyurl.com/bad-wolf-test> or, if you don't have access to a computer, ring 101 and ask for advice from our Crime Reduction Officer.

Let's all continue to help build a safer and stronger community in Bar Hill by taking care of ourselves and our neighbours.

Pam Vandy, NHW Village Co-ordinator



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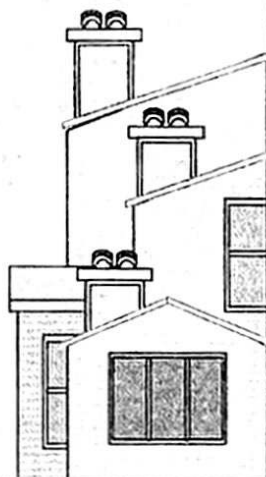
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— COUNCILLOR NOTES —

Changes to bin collections – shared bin services with the City Council will make changes to bin collections. The proposed changes will affect 82% of households across the district but will contribute to customer service improvements and the rebalancing of staff workloads and will deliver agreed savings and efficiency targets. The plan includes posters, website notification and delivery of a four-page leaflet to all households early in February. The portfolio holder also approved changes to fees and charges for fly tipping fixed penalties. Previously there has been no fixed fee for fly tipping offences in legislation and offences have been dealt with by way of referral to Court or as an 'offence of depositing litter' which carries a maximum fine of £100. During the period April to November 2016 officers issued 13 fixed penalty notices and 4 official cautions and there have been 7 successful court convictions. There will be a new offence of fly tipping under the appropriate sections of the Environmental Protection Act 1990. Penalties will be a £400 fine (reduced to £240 if paid within 10 days). The maximum penalty on conviction will be a custodial sentence of up to 5 years and notably the maximum fine for this type of offence is not limited in either the magistrates or crown courts.

Have you heard of the Repair Café?

South Cambridgeshire's first repair café of 2017 has been hailed a success with many local residents getting broken items fixed instead of buying replacements in the sales. The event, held in Girton on Sunday, saw a team of multi-skilled volunteers give a number of damaged and broken household belongings a new lease of life, including three bikes, two vacuum cleaners, four Scalextric cars, a clock, radio, dehumidifier, and moth damaged jumper.

The next repair cafés scheduled to take place include:

- Community Centre, Cottenham, Saturday 4th February, 10am–2pm;
- Market Hill Rooms, Royston, Sunday 5th February, 10am–1pm;
- St Andrew's Centre, Histon, Saturday 4th March, 10.30am–1.30pm;
- Free Church, Sawston, Saturday 25th March, 2–5pm.

If you have any tired or broken items needing a new lease of life, from small household appliances, electrical items, computers and mobile phones to bicycles, clothes, gadgets and general bits 'n' bobs, book them in to be sure of a slot, or just turn up on the day.

For more information on any of these events including how to book items in for repair, please visit

www.repaircafe.org.uk.

We wish all residents a Happy New Year. Please contact us if you should need any information or queries please do contact us:

Bunty Waters: T: 01954 201421/07734 690580;

E: bunty.waters@ntlworld.com

Roger Hall: T: 01954 780304;

E: roger.hall90@ntlworld.com

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— HEIDI ALLEN MP —

A Happy and Healthy New Year to you all!

In the twilight of 2016 I visited the Blood Donation Centre in Long Road, Cambridge for my first ever donation. It was utterly painless, parking was free and I had my choice of biscuits afterwards! Giving blood is easy and quick – I was in and out in less than an hour – and it saves lives. If you can donate, please go to www.blood.co.uk or phone 0300 123 23 23 to book an appointment.

The Christmas period gave me time to visit the Cambourne Foodbank, a poignant reminder that Christmas isn't easy for those struggling with basic needs. It is open every Thursday from 10am–midday at the Old Blue School on Eastgate. You can find out how to apply for a voucher here: <https://cambridgcity.foodbank.org.uk/get-help/foodbank-vouchers/>. The Foodbank is run by kind, dedicated volunteers whom I'm hoping to work with more in the future, unlocking some of the housing and benefit difficulties that are often at the heart of food poverty. I'm delighted to share the launch of Cambridgeshire County Council's Communities Innovation Fund which gives community groups the opportunity to apply for funding for initiatives which improve lives. If you know of a scheme that enhances your community and helps people stay safe and independent, please see www.cambscf.org.uk/ccif.html for details of how to apply.

December saw the publication of the National Schools Funding Formula from the Department of Education. I'm still analysing the data and will be writing to my schools for feedback on proposals. If you want to contribute, please make your views heard here <https://consult.education.gov.uk/funding-policy-unit/schools-national-funding-formula2/>. The consultation closes on 22nd March 2017.

Turning to buses and trains, I'm inviting constituents to contact me about any issues they have with existing public transport services. I have been contacted by a number of residents about unreliable services, so if you too have experience of this, please contact Nicola Gillam – details below.

My 'no appointment' surgeries are proving increasingly popular so if you feel I could help, don't hesitate to pop along. Details at: www.heidisouthcambs.co.uk/residents-drop-surgeries; phone 01954 212707 or e-mail: heidi.allen.mp@parliament.uk.

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— VILLAGE HALL —

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The extended outdoor learning environment provides opportunities from growing fruit and vegetables for our snack bar to discovering worms, ladybirds and other creatures that share the area at the setting. We are proud to offer many additional learning experiences for your child with regular visitors to the setting as well as exploring the community around us.

The setting is intimate and comfortable and provides a safe environment for your child to learn and develop with their peers. The indoor area has a quiet corner for reading as well as a range of toys and equipment for your child to discover. We have strong ties with the community through visits to local businesses, the library and the church.

Parent/Carer Partnership

From September we are introducing Online Learning Journals where each parent can follow the development of their child in words and pictures via a secure login.

Please contact us on the above telephone numbers or: enquiries@barhillpreschool.co.uk

Our setting manager as well as session allocation coordinator, Sarah, and her deputy Michele are always on hand to support you through the registration process. We look forward to meeting you and your child.

— BAR HILL VIXENS —

The vixens are in their 5th year now and, on the whole, have been quite successful. Their success has been rewarded by being put into the A league in the S-Tech Girls Under 14 Division, and they haven't let themselves down.

They recently had a cup game against Cambridge City (a very good team). We could only field 8 players due to illness/holiday, so City manager, Gemma, very sportingly decided to play 8-a-side instead of fielding her full 9. What happened next was the most fantastic game the girls had ever played! Five minutes in and we're 2-0 up. City peg us back to 2-2 then go 3-2 up. On the stroke of half time we get a penalty which is converted by Issy Bryant: 3-3 at half time. We struck again twice in five minutes in the second half: 5-3 up. City came back to 5-5 with little more than a minute to go. Then Georgia Wilson buried the ball in the City net! 6-5 winners!!

The whole team, from defence and goal (Olivia, Charlie, Freya, Alisha), midfield (Amber, Issy, Rhiana), and our lone striker, Georgia, were FANTASTIC!!

The girls now have a semi-final cup game at home against Linton. Bring on the final!

— COUNTY COUNCILLOR REPORT —

I have been asked whether, post devolution, the County Council has plans to control bus services under a franchise model. Any decision to implement a franchise model would be made by the Combined Authority for Cambridgeshire and Peterborough and not by the County Council. However our MP, Heidi Allen, has been gathering feedback from across the district on what local concerns are regarding bus services [or the lack of them]. On a related subject: tackling congestion in Cambridge, I remain opposed to a congestion charge that would disproportionately affect South Cambridgeshire residents accessing the city whilst doing nothing to address the contribution to congestion made by city residents. Any such charge must be part of a wider strategy to ensure that our villages have options other than driving and must include better bus services.

It's the time of year for cold and icy conditions. Please to look out for others, particularly the more vulnerable members of our community, and take extra care yourselves too. Anyone eligible should seek entitlements and benefits such as Winter Fuel Payments and Cold Weather Payments. Older and disabled people can also sign up to their utility supplier's Priority Services Register to get extra help and support with energy supplies. This includes advance notice if the supply is going to be interrupted and priority reconnection. To sign up, you need to contact your supplier and, if you have different suppliers for gas and electricity, you need to contact both.

Members of the County Council's Health Committee had a presentation from the ambulance service recently. Although the headlines say that national response times are not being met, locally the service is exceeding targets. The committee also receives regular briefings on the Sustainability & Transformation Plan for Cambridgeshire & Peterborough. The NHS and local government have come together to develop a plan to keep the service 'Fit for the Future'. A Public Involvement Assembly has been set up to encourage wider involvement. Anyone wishing to join can phone: 01223 725304 or e-mail [with Public Involvement Assembly as the subject]: capccg.contact@nhs.net.

If you'd like to know more about what's happening at the County Council, please let me know and I'll add you to the circulation of the full report I write monthly for parish councils.

Lynda, lyndaharford@icloud.com; 01954 251775/
07889 131022; follow me on Twitter: @2whit2whoo

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Cambridgeshire Fire and Rescue Service is
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successful Community Champion scheme.

The scheme is run by the charity Groundwork on behalf of
CFRS. Community Champions encourage local residents to
carry out fire safety checks in their homes, visit
community groups and educate about fire safety and
escape plans.

You will be trained, given a uniform. There are a wide
range of activities to choose from, all of which will help to
keep our communities safe from the risk of fire. No
previous qualifications or specific skills are needed.

To find out more about the scheme, contact Katie Dean
on 01480 587140/07736 132870 or e-mail
katie.dean@groundwork.org.uk.

On-call firefighters are a vital part of today's fire and
rescue service, providing an efficient, effective service that
gives emergency cover to more than 90% of the UK. In
Cambridgeshire they make up 56% of the workforce. An
on-call firefighter is not based at a fire station but carries a
pager and responds to emergency incidents as and when
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They receive an annual wage to reflect the time they
commit to being available, plus additional payments for
attending incidents and drill nights (two hours a week).
On-call firefighters may have other jobs and are able to
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are on-call they may be at home, working for themselves
or for a nearby company or out in their local community –
staying within a five-minute travel time of the fire station
– and are generally located in rural communities, small
towns and villages.

If you would like to become an on-call firefighter, or to
find out more, go to our website: www.cambsfire.gov.uk
and search for 'on-call firefighter' under 'careers section'.
For the latest news, incidents and safety advice or to
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At time of writing we are preparing for a Royal visit by the
Duke of Gloucester in celebration of Bar Hill's very special
50th anniversary. We are all very excited as the visit
reminds us that Bar Hill is an important community on a
national and international level while also being a lovely
village in which to raise a family. No doubt there will be
wonderful photos showing our children enjoying a
memorable afternoon that they will remember for the
rest of their lives. Members of the community can enjoy
the photos through our Facebook page or at the bottom
of the homepage on our website.

Along with the anniversary celebration, we will also be
enjoying a performance of world-class magicians from the
magic circle in order to raise money for a play area in
memory of Dawn Miller who died last year. This magic
event will take place on Friday 10th February from
6.30–8.00pm in the main church.

Dawn was a model of our school values and showed the
children how to play and have fun with tremendous
kindness and love. The school misses her, and so we have
decided to ensure that Dawn's work continues by
creating a school play area in her memory.

If you would like to contribute towards the 'Dawn Miller
Memorial Fund' or attend the event, tickets will be
available from the school office from Wednesday
1st February. The cost is £10 per adult and £5 per child.
Finally, at school we very much value volunteers from the
community who regularly come to the school to read
with the children and support them in lessons or maybe
you could advise/help us develop a school vegetable
garden this spring.

If you would like to volunteer at the school, please
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Best wishes

Dr Al Mistrano, Headteacher

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— STORYTIME AT BAR HILL LIBRARY —

Stories and pictures, rhymes, songs and craft activities for pre-readers from 10.30am at Bar Hill Library, on the second and fourth Saturdays of the month (that's 11th and 25th February).

Open to children of pre-school age and their older brothers and sisters who are accompanied by an adult, Storytime offers half an hour or so of book-based fun twice every month.

There is no need to book; just come along to give your child the opportunity to experience what is gained by learning to read.

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The Royal British Legion Bar Hill meets on the 4th Thursday of each month in the meeting room of the Octagon from 7.30pm.

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— HEALTH AND WELLBEING CLUB —

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We start with a chair based exercise activity followed by advice from one of Tesco's departments, such as opticians, Nutricentre, which can include samples of healthy food and demonstrations.

This is a unique and friendly group and is an ideal place to meet new people. Next meeting: 14th February.

For further information, contact Wendy Arrowsmith on 01954 781381 or Sue Kenchington on 01954 780260.

— COMBERTON RAMBLERS CLUB —
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If you like walking and enjoy the countryside, Comberton Ramblers is the group for you. We walk an average of 5–6 miles every other Sunday. Our Spring 2017 programme starts on 8th January, so why not give us a try? You'll have the benefit of an exhilarating walk, plus the companionship of a group of like-minded people.

For more information contact Stella on T: 01954 210049; W: stella.ramblers@hotmail.com; or have a look at our website: www.combertonramblers.org.uk.

— FRIENDS OF THE ROSIE —



The Friends of the Rosie Hospital are helping to make the Rosie a more comfortable environment for mothers and babies.

If you have any toy stuffing or yarn we are in urgent need of your donation. For up-to-the minute information follow Rosie in Stitches Facebook page.

Rosie in Stitches would like to thank customers at our stalls in 2016, helping our income increase to £1,292.20.

Upcoming Stall dates

Tea Bar, Rosie Hospital Outpatient Clinic, Monday–Friday 9am–4pm;

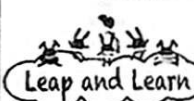
Bar Hill Community Market, The Octagon, CB23 8EH on Saturday 4th February 10.30am–2pm;

Outpatient Foyer, Addenbrooke's Hospital on Tuesday 4th April 10am–4pm.

If you can improve our website, organise the three large stalls per year at Addenbrooke's Outpatients, provide transport for our volunteers or display a small selection of our wares, please contact a member of the committee – details are on our website.

Wishing you all the very best for 2017. Thank you for your continued support.

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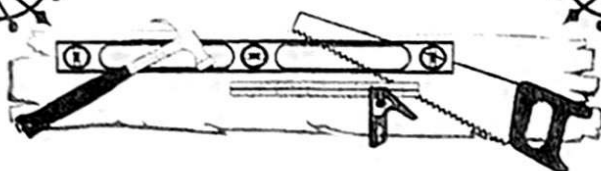
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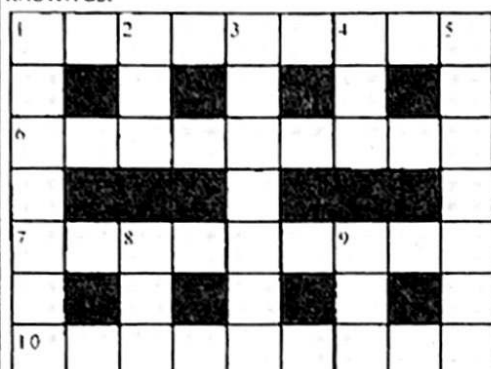
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10 SOUTH ROAD, IMPINGTON, CAMBS, CB24 9PB

— FEBRUARY CROSSWORD —

Across: 1. Saint for February. 6. type of carriage. 7. gather together. 10. act recklessly.
Down: 1. Heroic. 2. man's name. 3. least distant. 4. unwell. 5. very most. 8. jewel. 9. also known as.



SOLUTION FOR DECEMBER

Across: 1. Trenchers. 6. Midwinter. 7. ocean wave. 10. festivity.

Down: 1. time off. 2. end. 3. Chianti. 4. eat. 5. server. 8. Ems. 9. Ali.

— BIN COLLECTION DATES —

Weds. 25th Jan. black bin
 Weds. 1st Feb. green and blue bins
 Weds. 8th Feb. black bin
 Weds. 15th Feb. blue bin only
 Weds. 22nd Feb. black bin

ABSORBEAUTI – BEAUTY SALON

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By appointment only;
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Minx Foil Nails, Manicures/Pedicures,
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(lasts up to 14 days): £19.00

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Eyelash tint: £10.00.

— USEFUL TELEPHONE NUMBERS —

Out of Hours Medical Emergencies		111
Police Non-Emergency		101
Allotment Society	Rob Lawrence	07788 590348
Bar Hill Church	Minister: Charles Mather	01954 277119
	Church office	01954 206120
Bar Hill School		01954 273305
Bar Hill Cricket Club	Paul Stimpson	01954 201212
Bar Hill Sports & Social Club		01954 781881
Cambridge Fire & Rescue Service Helpline		0800 917 9994
Coffee Stop, Knit & Natter,	Sue Kenchington	01954 780260
Holiday@Home		
Community Car Scheme		07496 465330
Community Market	Karen Austen	01954 781085
Conservative Party	Iris Lay	01954 205265
County Councillor	Lynda Harford	01954 251775
		07889 131022
Councillor, Parish Council,	Bunty Waters	01954 201421
Residents' Association,		07734 690580
Bar Hill News Advertising		
Councillor, Parish Council,	Roger Hall	01954 780304
Residents' Association		
Happy Hours	Anne Plumb	01954 780364
Health Walks	Josephine Powell	07901 558108
	Patricia Daniels	07917 874402
Heidi Allen MP	Office	01954 212707
Liberal Democrat Party	Andy Pellew	07814 871752
Library – renewals & enquiries		0345 0455225
GP Surgeries	Maple	01954 780442
	Over	01954 231550
	Over Pharmacy	01954 233457
	Swavesey	01954 230202
	Longstanton	01954 207600
	Willingham	01954 260230
	Willingham & Longstanton Dispensary	01954 207600
Neighbourhood Watch	Pam Vandy	01954 201001
Over Day Centre	Sarah Peck, Manager	01954 231807
Parish Council Office	Sue Bell, Parish Clerk	01954 780456
Post Office		01954 789285
Pre-School		01954 782892
Royal British Legion,	Wendy Arrowsmith	01954 781381
Health & Wellbeing at Tesco		
Samaritans		01223 364455
Swavesey Village College		01954 230366

— FEBRUARY PUZZLE —

Form nine, nine letter meteorology words in groups of three letters, in alphabetical order.

A	D	V	H	O	D	N	O	C				E	C	T			
A	L	E	H	T	N	O	G	R				I				R	
A	P	H	I	N	G	O	S	C				D				A	
A	V	E	I	N	V	R	D	S								I	
B	L	I	I	O	N	R	T	W								I	
E	C	T	I	O	N	S	H	O							C		
E	L	L	L	I	G	S	U	P					U				
E	R	C	M	E	S	T	U	R				R					
E	R	S	N	A	L	Z	Z	A			P	E	R	C	E		

Solution for December: CHESTNUTS, CHRISTMAS, CRACKLING, LEFTOVERS, MISTLETOE, PANETTONE, PANTOMIME, TARDUCKEN, WENCESLAS.

BICYCLE REPAIRS & SERVICING
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RESIDENTS' ASSOCIATION

Interested persons are always welcome at Residents' Association meetings.

They are usually held on the first Tuesday of the month at 8pm in the Parish Council office. Next meeting:

7th February.

— EVENTS CALENDAR —

date	event	where	time
28 January	Bar Hill School PTA – the Big Quiz (page 30)	School	7pm for 7.30pm
30 January	Happy Hours – Chinese New Year (page 3)	Octagon	11am–3pm
2 February	NWR – mental health the last taboo (page 3)		8pm
2 February	8 O'clock Club – Talk about the Norris Museum (page 3)	School	8pm
4 February	Community Market (page 3)	Octagon	10.30am – 2pm
4 February	Repair Café (Councillor Notes, page 21)	Cottenham	10am–2pm
5 February	Repair Café (Councillor Notes, page 21)	Royston	10am–1pm
6 February	Happy Hours – all about Vera (page 3)	Octagon	11am–3pm
10 February	PTA cake stall (page 3)	School playground	
10 February	Magic Show supporting Dawn Miller Memorial Fund (page 25)	Church	6.30–8.00pm
11 February	Storytime (page 26)	Library	10.30am
13 February	Happy Hours – sweet talking (page 3)	Octagon	11am–3pm
16 February	NWR – South Sea islands (page 3)		8pm
20 February	Happy Hours – Bingo and Quiz (page 3)	Octagon	11am–3pm
24 February	Karaoke & Cocktails (page 5)	BHSSC	
25 February	Storytime (page 26)	Library	10.30am
26 February	Huntingdonshire Concert Band concert (page 1, 6)	Church	7.30pm
27 February	Happy Hours – the Pancake Games (page 3)	Octagon	11am–3pm
27 February	Possible change of bin collection day starts this week (page 1)		
2 March	NWR – antiques of the future (page 3)		8pm
2 March	8 O'clock Club – birthday party (members only) (page 3)	School	8pm
4 March	Community Market (page 3)	Octagon	10.30am – 2pm
4 March	Repair Café (Councillor Notes, page 21)	Histon	10.30am–1.30pm

— CAMBRIDGESHIRE AGE UK —

VOLUNTEERS NEEDED IN YOUR AREA

Have you spoken to anyone today? How would you feel if the answer today, tomorrow and the next day was no-one?

The Age-UK visiting scheme enables people in later life living near you to say "Yes – I had a visitor today". Just one hour a week of your time will help ease social isolation and loneliness.

To become one of our valued volunteer visitors, contact our helpline on 0300 666 9860.

COUNSELLING IN BAR HILL

Depression, Anxiety, Stress, Bereavement, Addiction, Couples etc.

Experienced counsellor practising at The Maple Surgery.

Immediate appointments available. Telephone Mark on

07905 833288, E: info@thecambridgecounsellor.co.uk

or visit www.thecambridgecounsellor.co.uk

LOVE LIFE – LOVE SLIMMING WORLD

Join our warm and friendly group at Bar Hill School on Wednesdays at 5.30pm or 7.30pm.

Want to lose weight and never feel hungry?

Call Chris on 07779 287055.

No pills or potions, just healthy wholesome food suitable for all the family.

Website: slimmingworld.com; T: 0844 897 8000

HOME/PET SITTING

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BAR HILL TAE KWON-DO CLUB



Tae Kwon-Do, the Korean art of self-defence, is suitable for the whole family. Lessons are held at Bar Hill School on Mondays. Junior class (beginners' class from 4 years old) is from 5–6pm;

Junior and Adult class 6–7.30pm. Sparring Classes are held on Sundays from 10–11.30am. Free taster sessions. Family discount. Text, call or e-mail:

Mister Jason Newton: jason.newton@btinternet.com;

07745 436806; or Sam Dethridge: 07767 697236;

barhilltdkjuniorclass@gmail.com.

Part of the Tae Kwon-Do Association of Great Britain (TAGB).

DRAMA STARS

Sessions are led by two professional teachers, for children aged 7–11 on Sundays from 2.30–3.30pm in the Bar Hill Community Room, Tesco.

Do your weekly shop whilst your children enjoy an hour of drama games and skills!

Sessions cost £5 per child. To book a place, contact Charlie on charlie.bown@outlook.com.

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